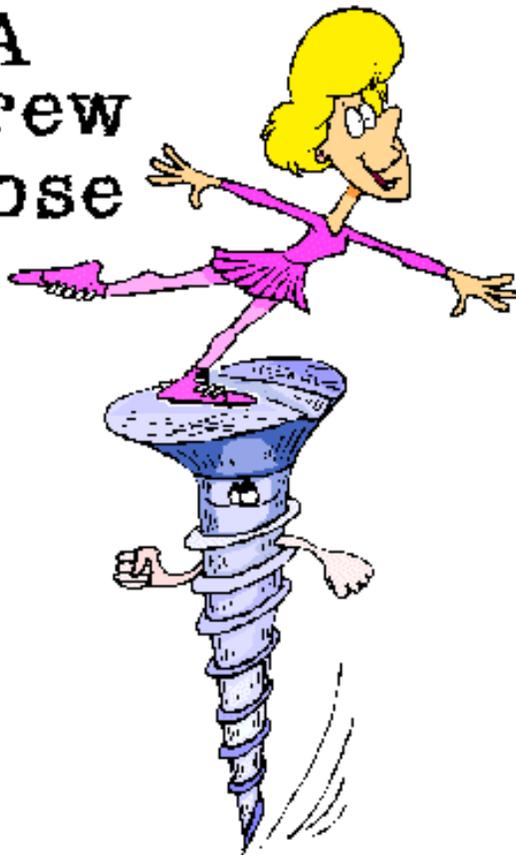


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**A
Screw
Loose**



by Liz Holzemer

**Sanity
CENTRAL**

- * home
- * cooking tips
- * love, marriage, sex
- * parenting
- * beauty tips
- * fast funny
- * in a nutshell
- * caffeinated ponderings

“39.999999999”

Dear 39.999999999,

You've run out of time
No longer are you mine

I've held on to you for as long as I can
I must lessen my grasp; let you slip through my hands

Just round the corner a new decade awaits
The magical forties, I've been told they're great

Before we part our separate ways
A few words I feel compelled to say

* LynetteIsFunny

* Time Out
by Faith Foyll

* Diary Of A Mom

* all sports mom

* Sunny Side Up

* Bad Hair Day



We had so much promise in the early years
Until you delivered me that horrid health fear

A tumor so large and unwelcome in my brain upstairs
Thankfully I survived, so what I lost some hair

I recovered and pursued my delayed quest
To add a miracle child to my empty nest

Proving doctors wrong not once but twice
My miracles Hannah and Hunter
Filled out my family quite nice

You, dear thirties, helped shaped the woman I'm today
Rediscovering my passion, not afraid to have my say

I don't buy into what the magazines boldly proclaim:

***Flatten Forties Flab.
Forty is the New Twenty!
Mid-Life Meltdowns: It's all Down Hill from Here!***

Why would we all want to be the same?

I'm proud of my Botox-less laugh lines and deep
furrowed brow
Showcasing a life of adventures lived, where shall I go
off to now?

Move over 39.999999999
No longer are you mine

There's a new kid on the block
Dear Forty, I think we're gonna rock!

**ORDER YOUR COPY OF LIZ'S BOOK CURVEBALL
TODAY**

*Mommy
Hullabaloo

*dirty laundry

*The Morrison Boys

*side dish

*Comments From
The Carpool

*The Foggiest Idea

*Home Away
From Home

*Small Town Soup

*around the block

*from the frontline

*get in the car

*Don't Get Me Started

*dad libs

*Blissfully Numb

*MommyChronicles

*College Daze

*music cometh

*The Imperfect Man

*benefit on the left

*Mommymorphosis



Liz Holzemer is a freelance writer, www.LizHolzemer.com, and is excited to announce that her first book, *Curveball: When Life Throws You A Brain Tumor*, has at last hit the book shelves. She is also the founder of MeningiomaMommas.org, a non-profit support group she founded after surviving a baseball-sized meningioma brain tumor. Liz is a past *Woman's Day* "Women Who Inspire Us" recipient. She lives in Colorado with her husband and their two miracle children. Liz also maintains her sense of humor on a daily basis and can be reached at info@lizholzemer.com if you have a plum writing assignment to offer her.



- *MomsAlwaysWrite
- *HorseSense&Savvy
- *Scrambled Brains
- *Desperate Working Mothers
- *urban momfare
- *My Brain On PBS!
- *You Can't Be Serious
- *Hoochy Mama
- *A Screw Loose
- *Snakes, Snails & Puppydog Tales
- *sammon says
- *father goof
- *on the wagon trail
- *stirred crazy
- *off the top...
- * its butts candy & nuts
- *the medicine mom
- * in the buff
- *pajama monkey

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